

## Chiropractic Health History and Entrance Form

A complete health history helps us ensure it is safe to provide you with a chiropractic treatment; please let us know if your status changes so we can update your form. All information given to us is confidential.

Name \_\_\_\_\_ Email \_\_\_\_\_

We collect your email address to send you appointment reminders. Your email address will never be shared with a third party.

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Street \_\_\_\_\_ Unit \_\_\_\_\_ City \_\_\_\_\_ Prov. \_\_\_\_\_ Postal Code \_\_\_\_\_

Date of Birth (MM-DD-YY) \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_ Occupation \_\_\_\_\_

Emergency Contact name and number \_\_\_\_\_

Personal Health Care # (AB only) \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

Do you have insurance coverage for Chiropractic Care?  Yes  No If yes, were you referred by your doctor?  Yes  No

Doctor's Name \_\_\_\_\_ Phone \_\_\_\_\_ Last Check-Up Date \_\_\_\_\_

Doctor's Street \_\_\_\_\_ Unit \_\_\_\_\_ City \_\_\_\_\_ Prov. \_\_\_\_\_ Postal Code \_\_\_\_\_

Have you had a chiropractic treatment before?  Yes  No If yes, approximate date of last chiropractic treatment \_\_\_\_\_

Do you see other healthcare practitioners?  Massage  Physio  Naturopath  Osteopath  Other \_\_\_\_\_

Is this a workplace injury? \_\_\_\_\_

Previous Major Illnesses/Operations (include dates) \_\_\_\_\_

Allergies/Hypersensitivities \_\_\_\_\_

Current Medications \_\_\_\_\_

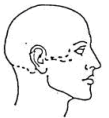
Major Accidents (include dates) \_\_\_\_\_

Other Serious Medical Conditions \_\_\_\_\_

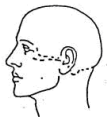
Family History of \_\_\_\_\_

In the diagrams provided below, please mark the areas on your body, which you feel best represent the pain(s) or sensation(s) you are experiencing. Please include all areas. Use the symbols provided below. Please draw in the face on the diagram.

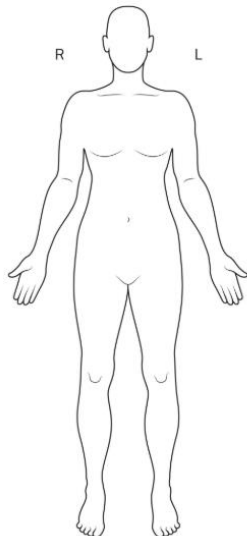
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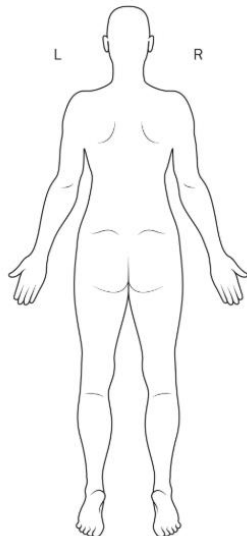
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### SYMBOLS:

Numbness =====

Burning x x x x x x

Dull & aching ? ? ? ? ?

Pins and Needles ooooo

Stabbing & Sharp ~~~~~

Stiff & Tight 2 2 2 2 2

For any **current** conditions or symptoms that are causing problems, please ✓ the box in the **C** column.  
 For any **past** conditions or symptoms, please ✓ the box in the **P** column.

**Gastrointestinal**

- C P  
  Poor appetite  
  Indigestion  
  Excess hunger  
  Belching or gas  
  Vomiting  
  Pain over stomach  
  Constipation  
  Hemorrhoids (piles)  
  Jaundice  
  Gall bladder trouble  
  Intestinal worms  
  Ulcer  
  Diabetes  
  Diarrhea

**Neurologic**

- C P  
  Dizziness  
  Fainting  
  Problem speaking  
  Problem swallowing  
  Blurred vision  
  Double vision  
  Clumsiness  
  Numbness or tingling

**Cardiovascular**

- C P  
  Bleeding disorder  
  High blood pressure  
  Chest pain  
  Stroke  
  Hardening of arteries  
  Varicose veins  
  Swelling of ankles  
  Poor circulation  
  Heart/blood disease  
  Angina

**Respiratory**

- C P  
  Asthma  
  Chronic cough  
  Spitting up phlegm  
  Spitting up blood  
  Difficulty breathing

**General Symptoms**

- C P  
  Loss of Consciousness  
  Blackouts  
  Headache  
  Fever  
  Excess Sweating  
  Night sweats  
  Loss of Weight  
  Night pain  
  Generalized pain  
  Convulsions

**Genitourinary**

- C P  
  Trouble urinating  
  Blood in urine  
  Kidney infection  
  Bedwetting  
  Prostate trouble

**Menstrual related**

- C P  
  Painful menstruation  
  Excessive flow  
  Hot flashes  
  Irregular/absent cycle  
  Cramping/backache  
  Abnormal vaginal discharge  
  Swollen breasts  
  Lump in breasts

**Have you had a bone density scan?**

- Yes  No

**Currently on birth control?**

- Yes  No

**Previously on birth control?**

- Yes  No

**Number of pregnancies:** \_\_\_\_\_

- Number of children: \_\_\_\_\_

**Skin**

- C P  
  Rashes/itching  
  Bruise easy  
  Dryness  
  Boils  
  Hives (allergies)

**Muscles & Joints**

- C P  
  Sore/stiff neck  
  Low back pain  
  Mid back ache  
  Painful tailbone  
  Shoulder pain  
  Arm/forearm pain  
  Elbow pain  
  Wrists/hand pain  
  Hip pain  
  Knee pain  
  Ankle/foot trouble  
  Arthritis  
  Loss of strength

**Eyes/Ears/Nose/Throat**

- C P  
  Failing vision  
  Eye pain  
  Failing hearing  
  Earache  
  Ring/buzz in ears  
  Frequent colds  
  Sinus infection  
  Enlarged thyroid  
  Enlarged glands  
  Nervousness  
  Convulsions

**Have you ever had any fractures?**

- Yes  No  
 If yes - where? \_\_\_\_\_

**Have you ever been in a car accident?**

- Yes  No  
 If yes - when? \_\_\_\_\_

**Have you ever been hospitalized?**

- Yes  No  
 If yes – why/ when? \_\_\_\_\_

**Have you ever been diagnosed with:**

- Cancer  Yes  No  
 HIV/AIDS  Yes  No  
 Hep A/B/C  Yes  No

**Have you ever had any mental health issues?**

- C P  
  Depression  
  Anxiety  
  Nervousness  
  Trauma related condition  
  Substance related condition  
  Personality disorder  
  Bipolar disorder  
  Other (please list): \_\_\_\_\_

**Clinician comments and signature:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please read and sign:

- I attest that the information I have provided is true and complete to the best of my knowledge.
- I understand the information I have provided on this form is confidential and will not be released without my written consent.
- I understand that the Chiropractor can end treatment at anytime due to inappropriate behaviour.
- I consent to a health assessment/reassessments and chiropractic treatment at Massage Addict.
- I authorize Massage Addict to contact my doctor or other health care professional listed above if required for treatment purposes.
- I understand that all sessions include a pre-health assessment and change time.
- I understand 24 hours notice is required to reschedule all future appointments, or full charges will apply.
- I authorize my health file to be transferred to another Massage Addict clinic if I relocate or a new Massage Addict clinic opens closer to my household.
- Note that the treatment time listed is the maximum time length and actual treatments, based on your specific therapeutic need and treatment plan, may be shorter.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

**Updates to your health history are required every 6 months. A new health history form must be filled out every year.**

Changes  Yes  No

Comments \_\_\_\_\_

Signature \_\_\_\_\_

Changes  Yes  No

Comments \_\_\_\_\_

Signature \_\_\_\_\_